



# Workshop Descriptions

Updated 1/25/2017

## People's Music Network

### Winter Gathering

January 27-29, 2017

Greenfield Middle School

Greenfield, MA

[More info on workshops here.](#)

[Click here to register](#)

#### Workshop Category Explanations

- **Creative Process:** Workshop leaders help participants develop their own creativity via writing exercises and/or feedback sessions.
- **Group Singing:** The focus is on all the participants singing together, usually with the song leaders pre-selected.
- **Music Promotion:** With a focus on discussion, workshop leaders share knowledge and help participants strategize ways to make their music get heard.
- **Musical Skills:** Workshop leaders provide instruction on vocal, instrumental, and performance techniques.
- **Musical Traditions of Struggle:** These presentations provide participants with a deeper understanding of specific traditions of music that support people struggling for freedom.
- **Performance:** It's a show where you are either audience or performer(s).
- **Song Swap:** The focus is on music you bring, shared in a round. Workshop leaders may open the session with a short presentation to set the tone, or just take their turn in the round.

## Saturday, January 28, 9:00–10:20am

### 1A) Hip Hop Culture: Bridging the Generations (Library)

The Fruit of Labor Singing Ensemble and Hip Hop 4 Justice are using hip hop as a generational bridge to support youth empowerment and community organizing. Find out how Black Workers for Justice created a youth component, "Hip Hop for Justice (HH4J)", which has used the Fruit of Labor World Cultural Center as a venue for bringing together youth, young adult activists and older activists. IN this space, we use progressive hip hop music, spoken word, reggae, dance & R&B to illustrate and encourage the examination and critique of the role of culture in this society. This includes international politics, capitalism, gender, race and national oppression, the election process, the prison industrial complex, police brutality, islamophobia, institutionalized racism, immigrant rights as human rights, environmental justice, and many other community issues.

### *Musical Traditions of Struggle*



**Nathanette Mayo, Rick Scott & Angaza Sababu Laughinghouse:** 2017 PMN Winter Gathering Artists in Residence and members of the [Fruit of Labor Singing Ensemble](http://www.fruitoflabor.org). Born out of the struggle of organizing African American workers in the "Black Belt" region of North Carolina and the South, the group serves as cultural ambassadors and members of the nationally known organization, Black Workers for Justice.

[www.fruitoflabor.org](http://www.fruitoflabor.org)

1B) **Where the Notes Are: Visualizing Guitar** (Room 201)

It's a lot about the guitar in a short time. With humor and with a unique memory device, I'd like to show you my approach to demystifying the fret board. We do it with improvisation (games) with chords and with scales. This is good for players of all levels and musical styles. I'll have a handout with a lot of information, but bring your guitar and plan to have a good time.

**Jim Scott:** Former Paul Winter Consort guitarist and jazz-informed songwriter, trying to save the world. Created the "Earth and Spirit Songbook," and guitar book, "All Scales in All Positions."

[www.Jimscottmusic.com](http://www.Jimscottmusic.com)

*Musical Skills*



1C) **How To Get People Singing at Rallies** (Room 203)

I will teach how to create powerful group singing using echo, call and response, making up harmonies/counterpoint and my favorite two words: "ad lib." I'll cover basics (e.g., finding good keys, being understood, and drawing people in), and offer some new songs and other valuable resources.

**Nick Page:** Boston based song-leader & conductor. Author of three books on song-leading and composer/arranger of over a hundred published choral octavos. Directs Boston's Mystic Chorale.

[www.nickmusic.com](http://www.nickmusic.com)

*Musical Skills*



1D) **Labor Songs** (Room 216)

[Workshop Description is still coming!]

**Tom Juravich:** Professor of Labor Studies at UMass, sings and writes regularly about work and labor. CDs include: At the Altar of the Bottom Line sponsored by 17 unions. [www.tomjuravich.com](http://www.tomjuravich.com)

*Musical Traditions of Struggle*



1E) **Writing a Song that Carries us Forward** (Room 212)

This workshop is about generating songs that matter. Which songs spur you on and stay with you? What is it about them? We'll provide a place for gaining inspiration to stretch and take risks in our songwriting. There will be time to hear a few songs, explore ideas in pairs, and do your own writing. We will share in smaller groups to give time for everyone and leave a shorter amount of time for a large group song-swap format. Perhaps you may end up collaborating on a new song with someone in the workshop.

**Marcia Taylor:** Teaches music at a Quaker school, and considers herself to be something of a musical midwife. Writing, making music, and trying to point towards a better future make her happy.

**Sarah Pirtle:** A member of PMN since 1982, director of Constellations and a feminist camp called Moonseed Journey Camp. [www.sarahpirtle.com](http://www.sarahpirtle.com)

*Creative Process*



1F) **Music and Resistance in the Coming Political Era** (Room 210)

How can our music complement and strengthen resistance and organizing efforts in the political era we're now facing? What should we be singing about? And to whom? How can we motivate those already primed for action as well as those who are sympathetic but not yet engaged? How can we reach out to those who do not necessarily see us as allies (e.g. many white working class men)? We'll share old and new songs. Consider offering a song, whether it's completed or in the hatching stage. We'll leave some room to discuss how to be effective ambassadors of activism and hope in a time when many feel immobilized and defeated.

**Sandy Pliskin:** Songwriter, fiddler, banjo and uke player, activist, early childhood

*Song Swap*



development specialist, and PMN Steering Committee member. Preview his new words to a song from the Black Freedom Struggle, "[Ain't Gonna Let Nobody Turn Me 'Round](#)", recorded days after the 2016 election. [www.sandypliskin.bandcamp.com](http://www.sandypliskin.bandcamp.com)

## Saturday, January 28, 10:35am – 11:55pm

### 2A) **Courage and Hope Sing Along** (Library)

How can we use songs to help us strengthen our sense of commitment and resilience in this current challenging political climate? This will be a singalong workshop (not a song swap), with the leaders leading songs - mainly out of the songbook, *Rise Again*. (Bring a copy if you have one.)

**Matt Emmer:** Song leader deeply ensconced in the Pete Seeger tradition of song-leading.

**Sandy Robson:** Baltimore-based singer/songwriter, banjo, ukulele, and guitar player, and storyteller. [www.letitiavansant.com](http://www.letitiavansant.com)



**Annie Patterson:** Co-creator of Rise Up Singing & Rise Again, folk & jazz performer, illustrator. [www.riseupandsing.org](http://www.riseupandsing.org)

**Peter Blood:** Co-creator of Rise Up Singing & Rise Again, editor of Pete Seeger's autobiography, *Where Have All the Flowers Gone: A Singalong Memoir* [www.riseupandsing.org](http://www.riseupandsing.org)

### Group Singing



### 2B) **Making a Living as an Activist Musician** (Room 201)

This guided discussion will be full of concrete tips and tricks for ways of supporting yourself as an insurgent musician. We'll briefly touch on a wide range of topics including: tour planning and booking, online presence and sales, media and promotion, balancing music and other work, and building an audience. Anne and Evan have both toured extensively and have made \*dozens\* of dollars playing radical folk music.



**Evan Greer:** a radical genderqueer singer/songwriter, parent, and activist based in Boston. She tours internationally as a performer and speaker, including as part of the recent Rock Against the TPP! concert tour. Campaign director of a viral Internet freedom nonprofit. Writes regularly for *The Guardian* and *Huffington Post*. [www.evangreer.org](http://www.evangreer.org)

**Anne Feeney:** For 48 years, I've been on the frontline in movements for peace, justice, environmentalism, disability and immigrants' rights, feminism, and especially labor. I've produced and released more than 9 recordings. The only day job I've had in the past 30 years was one two-year term as president of the Pittsburgh Musicians' Union. I learned the hard way how to be a full-time professional musician. If I can make it easier for you, I'll be overjoyed. [www.annefeeney.com](http://www.annefeeney.com)

### Music Promotion



### 2C) **Songs of Freedom and Struggle in Four-Part Harmony** (Room 203)

Eveline MacDougall & members of the Amandla Chorus will teach songs—original, traditional, old & new—from the soundtrack of resistance & celebration. Please join us if you learn by ear, or read music, or anything in between! Soprano, alto, tenor, bass...or anything in between! We'll sing songs we've sung with Nelson Mandela, Cesar Chavez, Desmond Tutu, and Malala Yousafzai. We build energetic community one song at a time!

**Eveline MacDougall:** Founder and Director of Amandla since 1988; composer, arranger. [www.amandlachorus.org](http://www.amandlachorus.org)

### Group Singing



## 2D) **Finishing Those Hard-to-Finish Songs** (Room 216)

Some songs practically write themselves, but some don't. We'll alternate between completed songs and songs we're stuck on. If you bring a finished song, talk about what the problems were and how you resolved them. If you bring one that's not completed, we'll brainstorm ways to pull it together.

**Cathy Winter:** "Long Time Friend" from the first PMN. Toured (FlyingFish) 25 years, followed by a hiatus teaching public school. Now teaching guitar & toddler music classes, getting back to writing more. [www.cathywinter.com](http://www.cathywinter.com)

*Creative Process*



## 2E) **Topical & Historical Songwriting** (Room 212)

I will cover some essentials on composing topical and historical songs in the Americana tradition using secondary and primary sources. Expect an introduction to traditional styles of instrumentation on acoustic guitar and banjo. There will also be a close look at the idiomatic aphoristic vernacular that is peculiar to writing with a historical slant. Time permitting, I might be able to make space for a few workshop participants to share compositions emblematic of this type of songwriting.

**Vincent Cross:** A NYC-based rustic singer-songwriter who exemplifies the folk song tradition. With roots in Ireland and Australia, he draws inspiration from old-time mountain music, British ballads and traditional bluegrass. He also lyrically expresses an observant modern sensibility. He tours extensively in the US, Europe and Australia. [www.rescuedogrecords.com](http://www.rescuedogrecords.com)

*Creative Process*



## 2F) **Multi-generational Strong Song Swap: Songs to Move us out of Despair to Action** (Room 210)

*Song Swap*

This is for people who share a commitment to activist music and want to hear what people of other generations have been singing. The song swap begins with a presentation of short and powerful songs sung by young activists at the 2016 Marrakech Climate Change Conference and outside Gov. Cuomo's office. We'll have a handout so you can take songs home. This workshop emerged from each of us -- separated by a few generations -- finding one another in the midst of the stop the pipeline movement. After the short presentation, we invite participants to join us in this process by sharing songs you sing to galvanize social change.



**Dineen O'Rourke:** Hampshire College student in her final year. A leader in Climate Action Now and Sugar Shack Alliance – two W. Mass-based climate groups engaged in efforts to stop pipeline construction. A delegate at the recent Marrakech Climate Change Conference in November 2016.

**Sarah Pirtle:** She has lived the power of song ever since thirty-five years ago at the Women's Pentagon Action and the Seneca Women's Encampment and has ten recordings and ten national awards. [www.sarahpirtle.com](http://www.sarahpirtle.com)

## **Saturday, January 28, 2:15 – 3:35pm**

### 3A) **Copper! 1917: WWI and the War on Labor: The Premier Performance of an Original Centennial Performance Piece** (Library)

A hundred years ago the United States entered World War One in Europe while at home American workers were fighting for their lives and for their unions. The battle began in the the copper mines of Montana and Arizona, sparked by the tragic North Butte mining disaster and culminating in the infamous Bisbee Deportation.

*Performance*



Heroism and tragedy, agitation and lynching, solidarity and the copper collar – it's an adventure story, told in historical narratives, powerpoint images, and songs.

**Charlie King:** Musical storyteller and political satirist. His repertoire covers a century and a half and four continents. He sings and writes passionately about the extraordinary lives of ordinary people.

[www.charlieking.org](http://www.charlieking.org)

**Candace Cassin:** Teaches at Insight Meditation Center in Easthampton, MA. Works with Charlie on performance pieces.

### 3B) **PMN Comedy & Creativity BOOST Camp** (Room 201)

Laughter is the Best Medicine... Plus, no copays! Through a fun and fast paced blend of Improv-theatre principles and practices, participants will learn tips and take away tools for injecting humor into their presentations, and linking social justice lessons with laughter. We'll also experience first-hand how comedy leads to more flexible thinking and boosts creativity; plus we'll play Laughter-Yoga games that lead to less stress and more zest!

**Rob Peck:** Motivational speaker, author, humorist (and recovering perfectionist), Certified Laughter-Yoga leader, Founder of First Fridays Coho Concerts monthly folk music series, President of ZESTWORKS Speaking & Training- defying convention... and gravity!

[www.zestworks.com](http://www.zestworks.com)

*Creative Process*



### 3C) **Grain of Salt: Workshopping Politically-based Songs in Progress** (Room 203)



Participants bring politically-based songs in progress, present what they've done so far and where they may be stuck, and ask for specific feedback for improving/completing the song. All feedback is offered in a positive, respectful spirit, starting with what's working so far and moving to what could be improved. Songwriters are reminded that they should feel free to take all suggestions with a "grain of salt."

It is suggested (though not required) that people who want to share a song bring 15 lyric/chord sheets so people listening can write their comments on them (and then return them to the songwriter).

**Terry Kitchen:** Has been performing on the folk scene since 1990. His songs have won the Mid-Atlantic and USA Song Contests and been runner-up in the John Lennon Song Contest. [www.terrykitchen.com](http://www.terrykitchen.com)

**Pat Lamanna:** Long-time member of PMN; singer-songwriter for many years. Learned about this type of workshop at Summersongs, a songwriter's camp in Ashokan, N.Y. [www.patlamanna.com](http://www.patlamanna.com)

*Creative Process*



### 3D) **NO WORKSHOP** (Room 216)

### 3E) **New Songs for Frontline Justice Struggles** (Room 210)



The theme for this gathering is meeting our challenge: to lift every voice (and spirit). We face that challenge on the frontlines of struggle and everywhere in our communities. In this workshop, we're specifically inviting our fellow artists to share songs that they think are needed today at picket lines and marches. Whether your group is struggling for a living wage, for peace abroad, or for stopping police brutality, we understand that these struggles are connected. What songs do you think help people to see those connections while also inviting them to sing along? Please

bring songs to this workshop that forefront groups singing together in struggle.

**Reggie Moore:** Member of the D.C. Labor Chorus.

*Song Swap*



**Luci Murphy:** D.C.-based vocalist and song-leader whose music draws inspiration from the folkloric traditions and musical idioms of cultures and languages throughout the world. Former PMN Steering Committee member. Member of the D.C. Labor Chorus. [http://www.blackagendareport.com/luci-murphy\\_cultural\\_warrior](http://www.blackagendareport.com/luci-murphy_cultural_warrior)

**3F) Rounds: Take 'em with a grain of SOLt.** (Room 210)

Rounds for roundheads, squares, all. We will honor Roundman, Sol Weber. Due to a recent stroke he is staying in a rehab facility nearby in Greenfield. We're hoping he will be able to come and participate in our session. We'll have lots of rounds prepared – political, satirical, humorous, just plain pretty. We also encourage others to bring their own rounds to share.

**Dave Tarlo and Laurie Siegel:** Members of Hudson Valley Sally and Walkabout Clearwater Chorus. [www.hudsonvalleysally.com](http://www.hudsonvalleysally.com)

**Rebecca Pomerantz:** Long-time rounds fanatic and rounds collector from the Boston area who loves singing and harmony. (Talk to her if you like rounds and live in the area.)

*Group Singing*



## **Saturday, January 28, 5:00-6:15pm (Pre-set sessions taking place during Free Space\*\*\*)**

**Men's Song Swap** (Room 210)

We want to invite the participation of people who feel nourished by sharing freely in a supportive community of men, including transgender people who for whom this kind of community is meaningful. This is a rare chance to gather as men, share songs, stories and poems, and then go where they lead us.

**Verne McArthur:** Activist, song-leader, and long-time UU member from Springfield, MA. He travels around UU congregations in New England offering Sunday services built around congregational singing.

*Song Swap*



**Women's Song Swap** (Room 212)

This song swap is open to ALL women (including trans women) who feel nourished sharing songs by and about women and their issues. Within the limits of time, every woman is invited to sing a song (original or by someone else) or request that we sing a song. This session provides a time and space to share meaningful songs and say a word about them as we listen, laugh, perhaps cry together and hear each other deeply.

**Mara Sapon-Shevin:** Professor of Inclusive Education at Syracuse University, long-time PMN and CMN member, peace and justice activist, rabble rouser, Let Your Yoga Dance teacher, and quilter.

*Song Swap*



**\*\*\*Free Space (5:00-6:15pm)**

During the "Free Space" you can propose a workshop, activity, or jam right up to the very last minute, which is the end of Workshop Three at 3:45pm. We'll also host men's and women's song swaps during this time (see above).

When you arrive at the registration table, you'll have an opportunity to write up a description of a small workshop, discussion, or activity that you'd like to lead during the "free space." A grid at the registration table will show what rooms are available. People wanting to lead activities will fill in the grid. This is an opportunity for last minute collaborations among artists, as well as people who simply missed the deadline to submit a workshop. Since our physical space is limited, submitting as early as you can is preferred.

The topics, group leaders, and locations will be announced at the end of the plenary, which is Saturday at 4:50 PM. Large pieces of paper will be posted to indicate what is happening where. Please start thinking now what topics you'd like to connect with other musical activists about. Also feel free to use this time for napping, exploring the neighborhood, jamming in the hall, or socializing.

# Sunday, January 29, 9:00am – 10:30pm

## 4A) **Songs of the Spirit** (Library)

*Group Singing*

Songs of the Spirit is a PMN tradition since 1982. We gather in a large circle for a cappella singing of inspirational and empowering songs. Between songs, we pause, breathe and feel the energy and connection of the group.

Please select songs that can be learned immediately and where essentially the entire song can be sung by every voice. Because we are aiming to achieve full group participation throughout, we ask that you not choose songs in which only the leader knows the verses or which preclude full participation. If you've already initiated one song, make space for someone else to do this.

Songs of the Spirit allows us to practice spontaneity and responsiveness in a large group – both essential components of community building. We aim to transcend attachments we feel to specific songs and our own leadership and to become more aware of ways the whole group can feel inspired. We hope to conclude feeling centered and grounded.

## 4B) **Forgotten Elements of Hip Hop** (Room 201)

*Musical Traditions of Struggle*

In this workshop, I will highlight the 4 elements of Hip Hop, and the difference between those who live the culture vs. those who exploit and appropriate the culture of Hip Hop. I will also be talking about the importance of supporting independent Hip Hop artists and Hip Hop Pioneers (Those who created Hip Hop culture or have help to change it significantly), and offering concrete ideas about how it can be done.

**Maurice "Soulfighter" Taylor** is a grassroots cultural activist, a DJ, and spoken word artist. He served as a Bernie Sanders delegate. Based in Holyoke, MA, he's the East coast director of Hip Hop Congress – a non-profit international grassroots organization that evolves hip hop culture by inspiring social action and creativity within the community.

<http://www.hiphopcongressla.com/hhc.html#>



## 4C) **Ukulele for Beginners** (Room 203)

*Musical Skills*

I will bring 12 ukuleles to share. If you have a uke, bring it. Learn basic chords and strum patterns for a number of great songs that address peace and justice issues. Playing an instrument is much easier than you think it is. No experience necessary.

**Amy Conley:** Believes in the power of music and loves helping others discover their musicality! Along with performing for all ages, she teaches ukulele & guitar classes and also directs Music Together of Milford/Nashua. Amy is an active member of CMN and founded the "Milford NH Rise Up Singing" group. [www.amyconleymusic.com](http://www.amyconleymusic.com)



## 4D) **Strategies to Integrate Songs in People's Movements** (Room 216)

*Music Promotion*

How do we help evolve the musical culture of transformational social movements? And how can we more effectively integrate this music at rallies, picket lines, marches, and conferences? This workshop is focused on strategies for building collaborative relationships between performing musicians and activist leaders who are open to energizing movement events with music.

One thing that gets in the way of this relationship is when individual egos don't perceive the effects of their choices on the collective whole. To transcend these limitations of perception, we'll do a role-play between an activist singer who has a song about fracking and an organizer of an imaginary upcoming anti-fracking rally. How will the musician make their case that songs -- and not just speeches -- belong at the rally?

We'll also discuss issues such as selecting the right song for the right occasion, developing one's own artistry to serve a broader range of movement contexts, and different approaches to teaching and leading songs. In small-groups, participants will



respond to guiding questions, which are intended to identify strategies that can help make music a more prominent and vibrant component of movement culture. Please come on time for example of some music activities to engage and bond rally-goers, which we'll refer back to as an example.

**Ben Grosscup:** An activist folksinger working with radical and progressive movement leaders to integrate his own song leading and performing at rallies, picket lines, and political education events. Based in Greenfield, MA, Ben serves as director of People's Music Network. [www.bengrosscup.com](http://www.bengrosscup.com)

**Creek Iversen:** Farmer/director of Seed Song Farm & Center in Kingston, NY. Both on and off the farm, he collaborates with diverse progressive organizations to evolve our shared musical culture and infuse actions, marches, meetings, and events with music.

## Sunday, January 29, 10:45 – 12:15pm

### 5A) Using a Music Tour for On the Ground Organizing (Library)

Fruit of Labor will share lessons for organizers and cultural workers based on their experiences in initiating the "Workers Want Fairness...Organize the South Tour", which has travelled throughout the Northeast, Mid-West, West, and Southern regions of the country. Details include the planning process, and how we can mobilize and organize people with a musical performance tour. Included will be stories about how FOL calls upon community & political organizations, progressive activists, rank and file local unions and international unions to bring resources to the Southern Region to support the community and workplace organizing. Learn how these tours popularized across the country FOL's music, politics, and the Fruit of Labor community and workplace organizing! Come out and enjoy some of our reflections in songs and story of this empowering and enlightening journey.

**Nathanette Mayo, Rick Scott & Angaza Sababu Laughinghouse:** 2017 PMN Winter Gathering Artists in Residence and members of the [Fruit of Labor Singing Ensemble](http://www.fruitoflabor.org). Born out of the struggle of organizing African American workers in the "Black Belt" region of North Carolina and the South, the group serves as cultural ambassadors and members of the nationally known organization, Black Workers for Justice.

[www.fruitoflabor.org](http://www.fruitoflabor.org)

### *Music Promotion*



### 5B) Decoding African American Spirituals (Room 201)

Learn about the historical context of African American Spirituals and the role they have played in the survival of Black people in America. Enslaved Africans invented these songs while laboring in the fields and homes of the masters.

Their musical innovations included inflection, extended syllables, and quarter tones, eluding people wanting to notate the songs.

Many spirituals were suffused with melancholy. Termed "sorrow songs", these identified the suffering of enslaved peoples with that of Christ. Others were quick and rhythmic, often syncopated call and response, telling the plight of everyday life. Many spirituals were songs of protest and escape from bondage, often telling people where to meet and where to hide. All contained coded messages.

I will teach these songs in the living oral tradition, which has been handed down from generations. Participants will experience interdependence as they listen to each other and the leader. Learn the double meaning of the songs and how to decode them, patterns of clapping and stomping, humming patterns, and harmonies.

**Gloria Matlock:** She grew up singing gospel and spirituals with The Robinson Singers, directed by her mother—songs that had been passed down from her great great grandmother. She has presented her workshops using music to heal racism throughout the U.S. and beyond.

### *Musical Traditions of Struggle*





5C) **What's new in Nueva Canción** (Room 203)

*Musical Traditions of Struggle*

Nueva canción, or new song, is a flourishing of socially conscious music concurrent with the liberation struggles in Central and South America during the latter half of the twentieth century and which continues in contemporary cultural production in the Americas. We will explore the history of the nueva canción movement, sing and celebrate some of its signature songs, and look at some contemporary artists that continue the tradition in new and exciting ways.

**Colleen Kattau:** NERFA showcase artist, vocalist and writer of original & bilingual music. With a voice that 'haunts with its range and clarity' her energy in performance is contagious. She performs solo and w her "gringa grooves from the heart"band Dos XX.

[www.colleenkattau.com](http://www.colleenkattau.com)



5D) **LGBTQ Song Swap** (Room 216)

*Song Swap*



This song swap gives voice and support to LGBTQ songs and issues. ALL are welcome to share songs that speak to the queer experience: original songs, existing songs that offered secret meaning or comfort, songs you wished you had heard as a young person, rallying anthems, personal revelations, celebrations of strength over adversity and the power of diversity. All LGBTQ performers and Allies are encouraged to share!

**Martin Swinger:** Award winning songwriter, and PRIDE performer and Emcee. [www.martinswinger.com](http://www.martinswinger.com)



**Arjuna Greist:** A singer-songwriter and LGBT activist whose music focuses on social justice and political issues on many fronts.

5E) **Hospice Singing** (Room 212)

*Group Singing*

Grief! Fear! Anxiety! Acceptance! Trust! Healing! Reconciliation! Hospice singing can open hearts, quiet fears and touch all who are present, including family members and friends, caregivers and singers. Participants will learn comforting songs that offer support to the ill, homebound and dying as well as to those experiencing various stages of grief.

**Joe Toritto:** Directs the Eventide Singers and the Holyoke Catholic HS A Cappella Singers. [www.eventidesingers.com](http://www.eventidesingers.com)



5F) **Singing Through the Hard Times Song Swap** (Room 212)

*Song Swap*

We will share songs that have helped and/or will help people sing through the hard times.

**Steve Suffet:** An old fashioned folksinger in the People's Music tradition. Member of the Peoples' Voice Cafe collective in NYC. [www.stevesuffet.com](http://www.stevesuffet.com)

